



## Mobilisation of the Neuroimmune System

7 – 8 September 2018 | Norway | Lillestrøm | Tim Beames

*Now in its 24th edition, this is still one of the world's most popular NOI courses*

### Mobilise – to prepare, to awaken and to move.

NOI's classic, longest running course, Mobilisation of the Nervous System, has evolved. Based on the latest evidence, the course has been completely updated and re-written.

The immune system via its interaction with the nervous system is a critical player in learning, memory, movement and sensitivity. This new understanding integrates peripheral and central processes and targets therapy towards healthy neuroimmune balance.

This comprehensive lecture and hands-on course integrates the latest research on neurodynamics and neuroimmune science to provide a clinical reasoning framework to identify those patients who will benefit from neuroimmune mobilisation.

The course updates and refines the essential practical skills to examine and manage the physical health of the nervous system – skilled, safe and appropriately timed handling techniques are covered in detail during practical sessions.

A comprehensive course on the diagnosis and management of physical dysfunction of the nervous system. With 50% practical work and the latest neurobiology, clinicians will be able to rapidly merge the material into all existing manual therapy frameworks.

### COURSE AIMS

1. Provide a basic knowledge of neuroanatomy, neurodynamics, neuroimmunology and neuropathobiology related to the manual examination of the nervous system.
2. Teach safe and effective diagnostic skills in the examination and interpretation of physical dysfunction of the nervous system.
3. Present neurodynamic movements and techniques as antigenic.
4. Provide new therapeutic narrative for explaining symptoms in conditions with altered neurodynamics.
5. Deliver a deeper understanding of known, 'tough' clinical presentations such as chronic nerve root problems and persistent entrapment pathologies.

### INSTRUCTOR



#### Tim Beames MSc BSc MCSP, UK

Tim lives in London where he works in private practice and is co-founder of Pain and Performance, an organisation which focuses on the treatment of complex and persistent pain states and the provision of pain education for both the patient and health professional. Tim is the principal instructor for NOI UK and teaches Mobilisation of the Neuroimmune System, Explain Pain and Graded Motor Imagery courses globally. He is also co-author of the Graded Motor Imagery Handbook along with Lorimer Moseley, David Butler and Tom Giles.

### REGISTRATION

Contact: Linda Linge

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### COURSE VENUE

Romerike Helsebygg, Dampsagveien 2a, 2000 Lillestrøm.

### TIMETABLE

Day 1: 08.30 Registration | 09.00 – 17.00 Lectures

Day 2: 09.00 – 16.30 Lectures

### REFRESHMENTS

Teas and coffees will be provided. For lunch, there are shops and cafes nearby or feel free to bring your own

### RESOURCES

#### The Sensitive Nervous System

Physical examination of the nervous system is carefully illustrated and explained. Management strategies are underpinned by cutting edge neurobiology and evidence-based medicine.



**Neurodynamics Techniques Handbook & DVD** - The definitive manual of neurodynamic techniques for everyday use in the clinic.



[www.noiukshop.com](http://www.noiukshop.com)